



WELCOME TO DISCOVERY HEALTHY COMPANY

Discovery Healthy Company is your innovative, digital employee assistance and wellness program, that identifies and proactively support you throughout your professional and personal journey.

Discovery Healthy Company provides different types of support in four areas of wellbeing: physical, emotional, financial, and legal.



REGISTER TO USE HEALTHY COMPANY

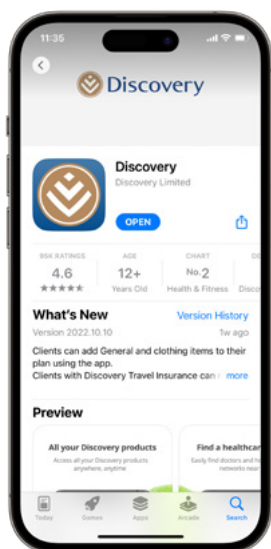
You need to register with Discovery Healthy Company to get a username and password. You can do this on the website or on the app after you have downloaded the Discovery app from the App Store or Google Play. You can use Healthy Company on the app or through the Discovery website at www.discovery.co.za.

Keep in mind: You will use the same username and password for the app as the Discovery website. To complete the registration process, we need a valid cellphone number. You can contact us on 0800 320 420 to update your details.



HOW TO REGISTER ON THE DISCOVERY WEBSITE AND DOWNLOAD THE DISCOVERY APP

Option A | App registration

**STEP****01**

Scan the relevant QR code to download the app to your phone and open it.

Google Play

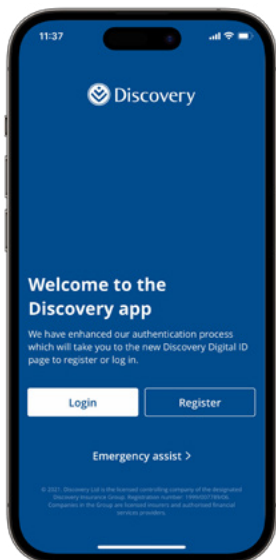


App Store



AppGallery

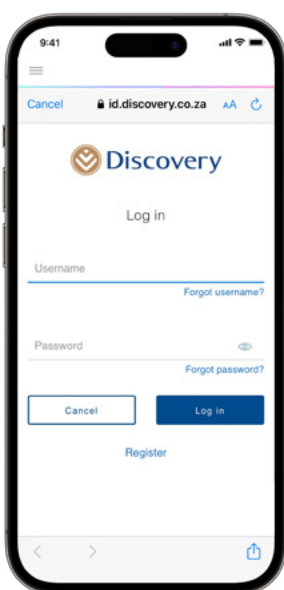




STEP 02

Select Register if you don't have any products with Discovery (such as medical aid, insurance, life insurance or banking).

If you have **login** details, choose Login and use the same username and password as you use to access the website. Go to step 4.



STEP 03

Register by following the instructions. Fill in your South African ID number or your passport number. The app will then ask you to complete your cellphone or email address. You will get a one-time PIN (OTP). Please enter it when the app asks you so you can finish registering.

If you've forgotten your:

- Username, select **Forgot username?** and follow the instructions. We will send you your username by SMS or email.
- Password, touch **Forgot password?** and follow the instructions.

Option B | Website registration



STEP 01

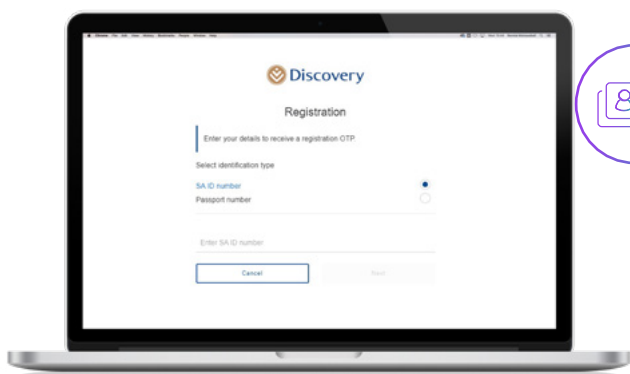
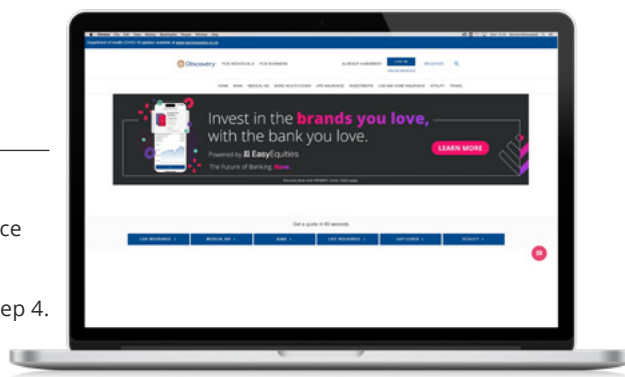
Go to www.discovery.co.za.

[VIEW WEBSITE](#)

STEP 02

Select **REGISTER** if you don't have any products with Discovery (such as medical aid, insurance, life insurance or banking).

If you have login details, choose **LOG IN** and skip to step 4.



STEP 03

Register by following the instructions. Fill in your South African ID number or your passport number. The app will then ask you to complete your cellphone or email address. You will get a one-time PIN. Please enter it when the website asks you so you can finish registering.

Choose a username: You can use your full name or a nickname (for example Name.Surname, Name_Initials or Name.Initials). Our system will give you suggestions if your username is not available.

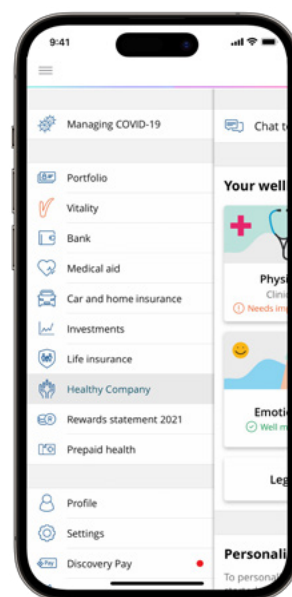
Choose a password: Use letters, characters and numbers to create a strong password.

STEP 04

Activate your Healthy Company benefits by selecting **HEALTHY COMPANY** on the menu bar on the website.

Follow the instructions to get started.

Remember to capture your first mood before you log out.



ENGAGING WITH DISCOVERY HEALTHY COMPANY

You can access all the benefits Discovery Healthy Company offers through the Discovery app and Discovery website by using the live chat functionality, or you can call us on 0800 320 420 or at +27 11 529 629.



Chat to Healthy Company for free advice

Healthy Company is here for you. Access Healthy Company on the Discovery app, on our website at www.discovery.co.za or call us on 0800 320 420.